

Psoriasis Patient Information Form

For Women with Psoriasis and Comorbidities



Please answer the questions below as accurately as possible to help personalise your treatment plan to your psoriasis and your daily life.

Full name:

Date:

Age:

Year of first psoriasis symptom:

Year of first diagnosis:

1 Please indicate the areas where your psoriasis lesions bother you:

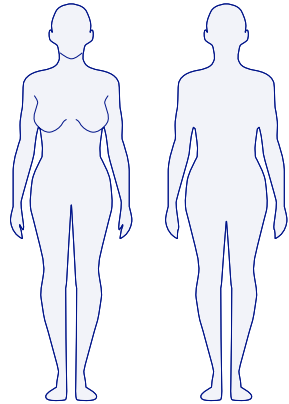
Circle all that apply on the body maps to the right.

2 Which aspect of your psoriasis bothers you the most?

Please tick all boxes that apply.

- Itchiness
- Sensitive areas e.g. genital area
- Appearance
- Other

If "Other", please state what bothers you most below.



3 How much does your psoriasis affect your life?

Circle your response on the scale from 0–10.



4 Are you satisfied with your current treatment?

Circle your response on the scale from 0–10.



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Authors: Alvaro González Cantero;¹ Annunziata Dattola;² María Magdalena Constantin;³ Nina Magnolo;⁴ Tom Hillary;⁵ **Affiliations:** ¹Department of Dermatology, Hospital Universitario Ramon y Cajal, Madrid, Spain; ²Department of Dermatology, University of Rome, Tor Vergata, Rome, Italy; ³Department of Dermatology, 'Carol Davila' University of Medicine and Pharmacy, Bucharest, Romania; ⁴Department of Dermatology, University Hospital Münster, Münster, Germany; ⁵Dermatology Department, University Hospitals Leuven, Herestraat 49, 3000, Leuven, Belgium; ⁶Medical Faculty of the University of Münster, Münster, NRW, Germany; ⁷'St. Apostol Andrei' Hospital, Constanta; ⁸Co-founder Atrialclinic, Madrid; Cardiac Imaging Unit and Cardio-Mujer Unit, HM Hospitals, Spain; ⁹Rheumatology Unit, University of Rome Tor Vergata. **Acknowledgement:** Reviewed by Prof Dominik Bettenworth⁶, Dr Anca Mirsu-Paun⁷, Dr Leticia Fernández-Frías⁸ and Dr Maria Sole Chimenti⁹. Elise Kleyn received consulting fees from UCB for her contribution to the development of the previous version of this material.

5 How well do you tolerate your current treatment?

Please tick the appropriate response.

- Well tolerated Minor side effects Major side effects Severe side effects

If "Minor/Major/Severe side effects", have these side effects been reported?

- Yes No

6 Have you experienced any of the following?

Please tick all boxes that apply.

- Joint pain Depressed mood Fatigue/tiredness/sleeping difficulties
- Low self-esteem or body confidence Unexplained or unintentional weight loss Sexual dysfunction/problems Abdominal pain or symptoms, e.g. blood in stools, diarrhoea lasting longer than 2 weeks

7 Do you have a family history of any of the following?

Please tick all boxes that apply.

- Inflammatory bowel disease, e.g. ulcerative colitis, Crohn's disease Cardiovascular diseases at a young age (<60 years), e.g. stroke, heart attack Diabetes Mental health conditions e.g. anxiety, depression
- Psoriatic Arthritis

8 How many days a week do you consume alcohol?

Please tick the appropriate response.

- 0 1-2 3-4 5-7

On the day(s) that you consume alcohol, how many drinks do you have?

Please tick the appropriate response.

- 1-2 3-4 5-7 7+

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9 How many days a week do you exercise for more than 30 minutes?

Please tick the appropriate response.

0

1-2

3-4

5-7

10 How often do you smoke?

Please tick the appropriate response.

Never

Less than once a week

At least once a week

At least once a day

11 Do you have a healthy, balanced diet? e.g. fruit and vegetables, high variety, low sugar

Please tick the appropriate response.

Yes

Mostly

Mostly not

No

12 If you are of fertile age, do you plan to start a family?

Please tick the appropriate response.

Yes, in the next year

Yes, in the next five years

Unsure

No

13 Do you have any concerns about the impact of your psoriasis, or your treatment for psoriasis on starting a family?

Please tick the appropriate response.

Yes

No

If "Yes", please state what bothers you most below.

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