

Timely Proactive Communication with Women Living with Psoriasis

This material was developed by dermatologists for dermatologists to highlight the unmet need for adequate treatment and management of women living with psoriasis. It intends to highlight data from key publications in the field, as well as providing expert advice and opinions from dermatologists.



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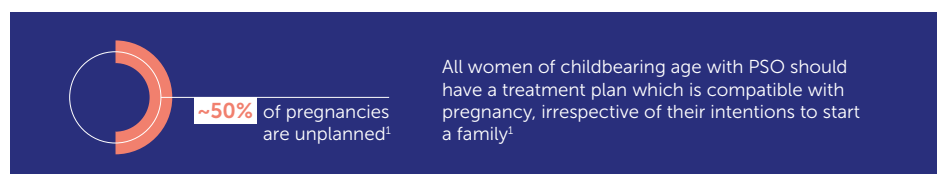
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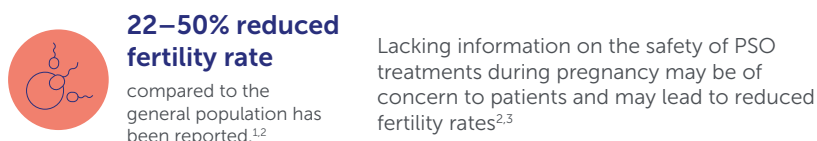
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Key Literature on the Importance of Communication with Female Patients

Diagnosis of PSO (average age: 28 years) and treatment initiation often overlap with peak reproductive years for women with PSO.¹



Women with moderate-to-severe psoriasis have fewer children:



Pregnancy outcomes:

Increased severity of PSO and PsA increases the risk of pregnancy complications:^{1,2,3,4}

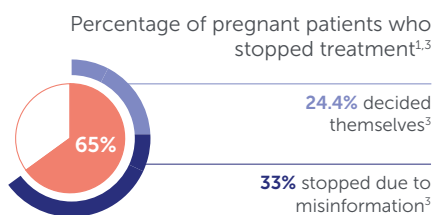
- Gestational diabetes
- Pre-eclampsia
- Preterm birth
- Low birth weight



Lifestyle factors, such as obesity and high BMI, can also increase the risk of pregnancy complications.^{3,4}

During pregnancy:

Up to **25%** of women experience disease worsening¹



64% of women with PSO reported that their main concern was the compatibility of PSO treatment with their pregnancy³



Postpartum
More than **50%** experience postpartum flares¹

HCP perceptions:

33% of dermatologists are familiar with recommendations for the treatment of women of child bearing age with PSO³

54% of EU5 dermatologists reported being comfortable with prescribing anti-TNFs for women of child bearing age¹



7% of women who discussed family planning with their HCP stated that this discussion was initiated by their HCP¹



Treatment options should be discussed with and explained to patients, and educational resources should be provided to both patients and doctors to help improve standards of care^{1,3}

There is still more to learn regarding the management and treatment of female psoriasis patients

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1. Gottlieb AB, et al. *Int J Womens Dermatol*. 2019;5(3):141–150; 2. González-Cantero Á, et al. *Br J Dermatol*. 2019;181(5):1085–1087; 3. De Simone C, et al. *G Ital Dermatol Venereol*. 2020;155(4):434–440; 4. Bröms G, et al. *Acta Derm Venereol*. 2018;98(8):728–734. BMI: body mass index; EU5: Europe Big 5 (France, Germany, Italy, Spain, UK); HCP: healthcare practitioner; PsA: psoriatic arthritis; PSO: psoriasis; TNF: tumour necrosis factor.