

HS symptom checklist

Purpose

HS is diagnosed through clinical observation and symptom history, see the diagnostic flowchart for more information. However, HS goes further than the skin, affecting all aspects of patients' lives.

This checklist illustrates the range of symptoms that your patients may experience, so that you can holistically assess your patients and initiate appropriate management to address all aspects of HS to improve overall quality of life.

Symptom	Present?
Direct HS symptoms¹⁻³	
Follicular papule/pustule (folliculitis)	<input type="checkbox"/>
Nodule (inflammatory or noninflammatory)	<input type="checkbox"/>
Abscess	<input type="checkbox"/>
Cyst	<input type="checkbox"/>
Tunnel (exudative or nonexudative)	<input type="checkbox"/>
Double pseudocomedones	<input type="checkbox"/>
Scar (atrophic, net-like, erythematous, hypertrophic, linear or bridged)	<input type="checkbox"/>
Pain	<input type="checkbox"/>
Pruritus	<input type="checkbox"/>
Malodour	<input type="checkbox"/>
Fever	<input type="checkbox"/>
Fatigue	<input type="checkbox"/>
Impact of HS on quality of life²⁻⁴	
Sleep disturbance	<input type="checkbox"/>
Working disability	<input type="checkbox"/>
Isolation	<input type="checkbox"/>

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Symptom	Present?
Psychological symptoms^{2,5}	
Depression	<input type="checkbox"/>
Suicidal ideation or attempt	<input type="checkbox"/>
Anxiety	<input type="checkbox"/>
Substance abuse	<input type="checkbox"/>
Stigmatisation	<input type="checkbox"/>
Low self-esteem	<input type="checkbox"/>
Sexual dysfunction	<input type="checkbox"/>
Other: e.g. Schizophrenia, bipolar disorder	<input type="checkbox"/>
Comorbidities⁵	
Smoking	<input type="checkbox"/>
Spondyloarthritis	<input type="checkbox"/>
Inflammatory bowel disease	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>
Metabolic syndrome	<input type="checkbox"/>
Obesity	<input type="checkbox"/>
Dyslipidaemia	<input type="checkbox"/>
Hypertension	<input type="checkbox"/>
Hyperglycaemia	<input type="checkbox"/>
Cardiovascular disease	<input type="checkbox"/>
Polycystic ovary syndrome	<input type="checkbox"/>
Down's syndrome	<input type="checkbox"/>
Other dermatological conditions: e.g. acne vulgaris/conglobata, pilonidal cyst, dissecting cellulitis of the scalp, pyoderma gangrenosum	<input type="checkbox"/>

References: **1.** Zouboulis CC, et al. *Dermatology*. 2015;231:184–90. **2.** Nguyen TV, et al. *J Eur Acad Dermatol Venereol*. 2021;35:50–61. **3.** Zouboulis CC, et al. *J Eur Acad Dermatol Venereol*. 2015;29:619–44. **4.** Tzellos T, Zouboulis CC. *Exp Dermatol*. 2022;31(Suppl 1):29–32. **5.** Garg A, et al. *J Am Acad Dermatol*. 2022;86:1092–101.